

# ECONOMY CLASS MENU

16/08/2019 – 30/09/2019

## FLIGHTS OVER 6 HOURS, DEPARTING FROM MOSCOW

### FIRST MEAL SERVICE

**Cold starter** Chum salmon with fresh cucumber

**Main course** Chicken stew with buckwheat and carrot

**or** Beef stew with vegetables, penne and string beans

*2nd course for flights to  
Hong Kong, Beijing, Shanghai,  
Guangzhou, Seoul, Tokyo, Bangkok,  
Phuket, Hanoi, Ho Chi Minh city*

Sychuan-style Pollock  
with mashed potatoes and broccoli

**Dessert** Sponge cake with raspberry cream

Butter, cheese spread, roll, rye bread

## SECOND MEAL SERVICE

*Hong Kong, Guangzhou, Seoul, Tokyo, Bangkok, Phuket, Hanoi, Ho Chi Minh City, Shanghai (SU 208), Petropavlovsk-Kamchatsky, Vladivostok*

**Cold starter** Beef, cheese, Cherry tomato

**Main course** Rice porridge with dried apricot

**or** Pancakes with lemon and peach

**Dessert** Cookie and fruit bar

Butter, roll, rye bread

*Washington, New York*

**Cold starter** Beef, cheese, Cherry tomato

**Main course** Fusilli with Thai cream sauce and turkey

**or** Penne with cream mushroom sauce and cheese

**Dessert** Cookie and fruit bar

Butter, roll, rye bread

*Havana, Miami, Los Angeles, Shanghai (SU 206)*

**Cold starter** Beef, chicken roulade, vegetables, Mozzarella

**Main course** Chicken stew with vegetables and rice

**or** Lamb stew with couscous and broccoli

**Dessert\*** Cupcake with raisin and chocolate coating

Butter, roll, rye bread, cheese spread, olive oil

\* on flight to Shanghai (SU 206) cookie and fruit bar will be offered as a dessert

## FLIGHTS FROM 3 TO 6 HOURS\*

### HOT BREAKFAST

(on flights from Moscow, departing from 5:00 a.m. till 9:59 a.m.)

**Cold starter** Chicken breast, cheese, boiled egg, caponata

**Main course** Potato and cheese frittata with tomato sauce

or Millet porridge with mango

or Pancakes with cherry and vanilla sauce

**Dessert** Chocolate

Yogurt, butter, jam, croissant, mayonnaise sauce

### BREAKFAST

(on flights to Moscow, departing from 5:00 a.m. till 9:59 a.m.)

**Cold starter** Beef, cheese, Cherry tomato

**Main course** Tomato and mushroom frittata, chicken roulade and broccoli

or Rice porridge with dried apricot

or Pancakes with strawberry

**Dessert** Fruit bar

Yogurt, butter, jam, croissant

**HOT LUNCH/DINNER**  
**(on flights from Moscow, departing after 10:00 a.m.)**

- Cold starter** Chum salmon with fresh cucumber and cream cheese
- Main course** Chicken stew with buckwheat and carrot  
**or** Beef stew with vegetables, penne and green beans
- Dessert** Tula honey-cake with fruit filling
- Butter, roll, rye bread, mayonnaise sauce, cheese spread

**LUNCH/DINNER**  
**(on flights to Moscow, departing after 10:00 a.m.)**

- Cold starter** Beef, chicken roulade, vegetables, Mozzarella
- Main course** Chicken stew with vegetables and rice  
**or** Lamb stew with couscous and broccoli
- Dessert** Fruit bar
- Butter, roll, rye bread, cheese spread, olive oil

\* on Aktau, Bucharest, Hamburg, Erevan, Zagreb, Kishinev, Salekhard, Khanty-Mansiysk routes passengers will be offered [Snack](#)

## FLIGHTS TO DELHI

**Cold starter** Vegetable salad with rice noodles

**Main course** Lamb stew with bulgur and zucchini

**or** Biryani rice with vegetables

**Dessert** Fresh fruits

Butter, roll, rye bread, olive oil, cheese spread

## **FLIGHTS UP TO 3 HOURS**

### **Breakfast on flights from Moscow, departing from 5:00 a.m. till 9:59 a.m.**

Croissant with chicken, cheese and grilled pepper

Plain yogurt

Chocolate "Alenka"

### **Breakfast on flights to Moscow, departing from 5:00 a.m. till 9:59 a.m.**

Croissant with beef, cheese and pickled cucumber

Plain yogurt

Chocolate "Alenka"

### **Lunch/dinner on flights from Moscow, departing after 10:00 a.m.**

Baguette with beef, cheese and pickled cucumber

Apple

Fruit bar

### **Lunch/dinner on flights to Moscow, departing after 10:00 a.m.**

Baguette with chicken, cheese and bell pepper

Apple

Fruit bar

## **Nizhniy Novgorod and Voronezh flights**

### **from Moscow**

Croissant with beef, cheese and pickled cucumber

### **to Moscow**

Baguette with chicken, cheese and bell pepper

**Flights SU 1223(Nizhniy-Novgorod - Moscow),  
SU 1279 (Kazan - Moscow) и SU 1835 (Minsk - Moscow)**

Puff pastry with cabbage

and

Puff pastry with dried apricot